

COMPREHENSIVE NATIONAL RESOURCES:

NAMI (NATIONAL ALLIANCE ON MENTAL ILLNESS) NATIONAL HELPLINE RESOURCE DIRECTORY

Phone: 800-950--NAMI (6264)

Email: info@nami.org

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)

National Mental Health Information Center.

Phone: 800-662-4357 National Helpline

TTY: 800-487-4889

Fax:

Email: SAMHSAInfo@samhsa.hhs.gov

MINNESOTA STATE RESOURCES:

CONSUMER/SURVIVOR NETWORK OF MINNESOTA

Fights stigma and provides education, training, legislative accountability and information and referral.

Phone: 800-483-2007 or 651-637-2800

TTY:

Fax: 651-637-2777

Email: csnmt@uslink.net

DAKOTA AREA RESOURCES AND TRANSPORTATION FOR SENIORS (DARTS)

Provides professionally coordinated in-home and transportation services for Dakota County, Minnesota seniors and their families. They also provide assistance in finding additional senior services throughout the Minneapolis/St. Paul area.

For senior caregivers, visit: CaregiverMN.org

Phone: 651-455-1560

TTY:

Fax: 651-234-2280

Email: info@darts1.org

FIRST CALL 211 FOR HELP MN

A free, 24-hour information and referral services to more than 2200 community organizations, including many that focus on preventing violence and/or provide services to victims of violence.

Phone: 800-442-8565

TTY:

Fax: 218-326-4634

Email: help@firstcall211.net

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE (DBSA)

Formerly MINNESOTA DEPRESSIVE & MANIC DEPRESSIVE ASSOCIATION (MDMDA Minnesota)

Educate patients, families, and professionals, and the public concerning the nature of depressive and manic-depressive illness as treatable medical diseases; to foster self-help for patients and families; to eliminate discrimination and stigma; to improve access to care; and to advocate for research toward the elimination of these illnesses. They provide support to consumers and their families.

Phone: 800-826-3632

TTY:

Fax: 612-331-1630

Email: dmdaminnesota@juno.com

MENTAL HEALTH MINNESOTA (FORMERLY MENTAL HEALTH ASSOCIATION OF MINNESOTA)

The National Institute of Mental Health's Constituency Outreach and Education program partner for Minnesota. They are recipients of the Minnesota Council of Nonprofits Award for Nonprofit Advocacy.

Phone: 651-493-6634 or 800-862-1799

TTY:

Fax:

Email: info@mentalhealthmn.org

MINNESOTA ADULT MENTAL HEALTH SERVICES

State Behavioral Health Division at Minnesota Department of Human Services (DHS)

Phone: 651-431-2460

TTY:

Fax: 651-431-7566

Email:

MINNESOTA ASSOCIATION FOR CHILDREN'S MENTAL HEALTH

Statewide parent organization/advocacy group that provides information and support, and also helps establish parent support networks throughout the state. They also help established organizations become child and parent-friendly. They work to enhance the lives of children with emotional, behavioral and mental health disorders, and their families.

Phone: 800-528-4511 or 651-644-7333

TTY:

Fax: 651-644-7391

Email: info@macmh.org

MINNESOTA BOARD OF SOCIAL WORK

Licenses social workers in the State of Minnesota.

Phone: 888-234-1320 or 612-617-2100

TTY: 800-627-3529

Fax: 612-617-2103

Email: social.work@state.mn.us

MINNESOTA DISABILITY LAW CENTER

State protection and advocacy agency.

Phone: 800-292-4150 or 612-334-5785

TTY:

Fax: 612-334-5755

Email:

MINNESOTA DIVISION OF REHABILITATION SERVICES

State vocational rehabilitation agency.

Phone: 800-328-9095 or 651-296-9981

TTY: 800-657-3973 or 651-296-3900

Fax: 651-297-5759

Email:

MINNESOTA OFFICE OF THE OMBUDSMAN FOR MENTAL HEALTH AND DEVELOPMENTAL DISABILITIES (OMHDD)

Promotes standards of treatment for mental health, mental retardation and substance abuse consumers. Receives and reviews complaints and provides advocacy and mediation on behalf of individual clients, as well as the review and investigation of broad systemic issues, serious injuries and deaths.

Phone: 800-657-3506 or 651-757-1800

TTY: 711

Fax: 651-797-1950

Email: ombudsman.mhdd@state.mn.us

MINNESOTA PSYCHIATRIC SOCIETY

District branch of the American Psychiatric Association.

Phone: 651-407-1873

TTY:

Fax: 651-407-1754

Email: l.vukelich@comcast.net

MINNESOTA STATE ADVISORY COUNCIL ON MENTAL HEALTH

Advises the governor, legislature and state agencies on mental health policy issues. Members include mental health consumers and their family members, policy makers, and professionals. All members are appointed by the governor.

Phone: 651-431-5997

TTY:

Fax: 651-582-1831

Email: mhadvisory.council.dhs@state.mn.us

MINNESOTA MEDICAL ASSISTANCE (MA) PROGRAM/MINNESOTA HEALTH CARE PROGRAMS (MHCP)

State Medicaid program

Phone: 651-855-366-7873 or 651-431-2670

TTY:

Fax:

Email:

OFFICE OF UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTICE (CAP)

Minnesota Department of Health regulates counselors and other unlicensed mental health professionals in Minnesota.

Phone: 651-201-4200

TTY:

Fax: 651-201-3839

Email: health.HOP@state.mn.us

PACER CENTER (CHAMPIONS FOR CHILDREN WITH DISABILITIES)

Helps parents and families of children with disabilities through numerous projects, particularly in the area of educational rights.

Phone: 952-838-9000

TTY:

Fax:

Email: pacer@pacer.org

RISE

Offers person-centered career planning, vocational training, job placement, supported employment, and housing support services.

Phone: 763-786-8334

TTY:

Fax:

Email: info@rise.org

SUICIDE AWARENESS/VOICES OF EDUCATION (SA/VE)

Educates on suicide prevention and speaks for suicide survivors.

Phone: 952-946-7998 or 888-511-SAVE (7283)

Hotline: 800-SUICIDE (784-2433)

Fax: 952-946-7998

Email: save@wintecnet.com

TASKS UNLIMITED

Provides integrated employment, training and mental health and related services of transportation and housing to over 150 adults with serious and persistent mental illness in the Twin Cities Metropolitan Area. It is the National leader and training center for the Fairweather Lodge Programs, organized at the National Coalition for Community Living.

Phone: 612-871-3320

TTY:

Fax: 612-871-0432

Email: info@tasksunlimited.org

YELLOW RIBBON SUICIDE PREVENTION PROGRAM OF MINNESOTA

Provides education about suicide prevention and mental health through community-based educational programming which includes youth, family and community involvement. They also advocate for prevention and mental health treatment, assist in increasing access to services by providing linkages to help, and offer support to survivors through groups, literature and activities.

Phone: 507-387-5020 or 800-273-8255

TTY:

Fax:

Email: yr@chartermi.net